

Chief Minister and other wishes people on 'Id-ul-Zuha'

IT News
Imphal, April 13:

Chief Minister N. Biren Singh and Dr. T. Meinya, Ex-MP Lok Sabha and Sheikh Noorul Hassan, MLA Kshetrigao A/C wish the people of Manipur especially our Muslim brethren on the auspicious occasion of 'Id-ul-Zuha'.

In his message, Chief Minister said Id-ul-Zuha, the festival of sacrifice, is celebrated with traditional fervour and gaiety across the world. The festival marks the end of Hajj, a pilgrimage to the holy site Mecca, Saudi Arabia and commemorates the faith of Prophet Ibrahim and his devotion to Allah. Followers of Islam believe that Ibrahim willingly sacrificed his son Ismail as an act of obedience to God. Pleased with the gesture of supreme sacrifice, God asked him to sacrifice a sheep instead. As such, the festival signifies the spirit of sacrifice rising above the narrow barriers of one's ego and self-interest for the good of all.

As we celebrate the festival with the joy of sharing and charity, let us resolve to strengthen brotherhood and harmony among different communities and bring peace and prosperity to our State.

Dr. T. Meinya said "My sincere greetings to all on the auspicious Holy Eid-ul-Adha Celebration 2022".

Sheikh Noorul Hassan said "Eid-of-Adha is one of the two most prominent Islamic festivals celebrated around the globe. It is more than just a day of flintily get-togethers, merriment, and joy; it reinstalls the spirit of hope, kindness, charity, and nobility. This festival will be an opportunity to rededicate ourselves to strengthen the bonds of inclusiveness and to alleviating the plight of the poor and destitute."

AR foils Cross Border Narcotics Smuggling

IT News
Imphal, July 09:

Tengnoupal Battalion under the aegis of IGAR (South) foiled cross border smuggling of narcotics at Khudengthabi, Tengnoupal yesterday.

During routine checking of Vehicles, troops of Assam Rifles intercepted a Van at check post, Khudengthabi. On thorough search of the vehicle, 133 grams of brown sugar in 3 soap cases concealed in a bag under the seat of the vehicle were recovered. The bag belonged to a lady passenger.

The seized narcotics were assessed to be worth Rs 26.6 lakhs.

The recovered items along with the drug peddler were handed over to Moreh Police for further investigation.

Kanglen celebrated throughout the state



IT News
Imphal, July 9:

The last day of the Kang(Rath-Yatra) which started on 1st of this month ended today with devotees pulling chariots carrying the idols of Lord Jagannatha. Offerings of fruits and flowers are offered to Lord Jagannath, laid before the chariot.

The Kang of Shri Govindajee is the biggest in the entire state, after the procession of Rath-Yatra of Shri Govindajee temple Rath of other localities in Imphal area and in other villages start their own processions with Sankirtana. Both males and females, young, old, and children participate in the Rath procession. At every gate of the house, people offer flowers and fruits, and sweets to Shri Lord Jagannatha and His siblings wherever the procession goes. Many devotees attended the procession braving

the scorching heat of summer.

At night time for the full period of either eight, nine, or ten days whichever may be as indicated by the astrologer from year to year, there is a Sankirtana known as Jayadev-Changba at the Mandap of the temple where the Rath Yatra procession has performed. This type of Sankirtana is performed by both groups of men and women separately, the men first and then women follow. Such Sankirtana is performed by standing in a circle with a pungyeiba (drummer) in the middle. The song is sung with the rhythm of the pung (a kind of mridanga used by Manipuri). After the Sankirtana in circle is over some group of young women and girls use to dance or perform dances to the rhythm of the Pung.

After it followed the distribution of Prasadam the "Khechiri" which is to be put on round lotus leaf only since no

other thing is allowed but also tasteful, be used for the purpose during those days of the festival. All the people coming to relish/enjoy the Prasadam of Lord Jagannatha are to be seated in rows and the Brahmans distribute the Prasadam to all of them, young and old, men and women with no bar for any sort of community.

The International Society for Krishna Consciousness of Manipur today also observed Kanglen and has been observing the Rath Yatra Festival in a pompous way at the campus of Shri Radha Krishnachandra Mandir at Sangaiprou and the Rath Yatra procession goes up to Keishampat Junction and back from there. In between offering fruits and flowers and performing aarti are being done on both days of Rath Yatra and Purna Yatra.

This festival always falls on the second day of Engelta (June-July) per the Meitei Calendar.

PNB opened its first currency chest at Jiribam

IT Correspondent
Jiribam, July 09:

The Punjab National Bank (PNB), Jiribam Branch inaugurated the currency chest in Jiribam today.

The inaugural programme was held in presence of Md. Ashab Uddin, MLA Jiribam; W. Birendra Singh; LSDM Jiribam; Ksh. Ravikumar, Superintendent of Police, Jiribam; James Hangsing, ADC, Jiribam as a Chief Guest, Guest of Honour and Special Guests respectively.

In the welcome address W. Birendra Singh mentioned about the importance of opening currency chest and it's functions at Jiribam.

Speaking on the occasion, the local MLA of Jiribam Md. Ashab Uddin



said that the erstwhile United Bank of India (UBI) had been served the people of Jiribam since long time. He added, now many other financial institutions has opened which is the well beings of Jiribam. He also appealed to the people for their co-operation to the smooth functioning of bank.

He said that opening a currency chest in PNB,

Jiribam Branch helps the banks to meet the cash reserve ratio requirements to the clients and banks lined across Jiribam.

Ashab Uddin also appealed to the bank authority to open ATM booth to some of the strategically important locations of Jiribam for the easy access to the people of remote areas of Jiribam.

Protest staged against Uchol killing



IT News
Imphal, July 09:

A sit-in-protest was staged today at Telipati, Imphal East protesting against the killing of a man at Uchol village under Andro Police station yesterday, demanding to nab the culprits at the earliest. Several people including family members of the deceased and supporters

protested by holding banners denouncing the killing.

As per source, the deceased was identified as one Silendra Shah, 35, son of Vishwanath Sha hailing from Bihar currently staying at a rented house at Ragailong in Imphal along with his wife and three daughters and worked as

grocery supplier. Silendra was shot on the head and 3 empty cases and one live ammunition of 9mm were found at the spot, where he was shot at. The death body were later deposited at JNIMS morgue.

As of now, the cause of the killing cannot be established and the police are investigating on to book the culprit at the earliest.

One day awareness program on environment and oil Palm Plantation

IT News
Imphal, July 09:

Environment Conservation Network (ECO Network) in support with the Village Development Committee, Women's Welfare Association and Northern Development Youth Club had organized a one day awareness campaign on Environment and Oil Palm Plantation at Pukhao Terapur Multipurpose Hall yesterday.

The program aimed to create an awareness on the impact of oil palm plantation and its impact on the environment. The awareness was part of the ongoing campaign against the Oil Palm Plantation in Manipur which has been proposed by the government of Manipur and

other states in the North Eastern Region.

Rebati Raman, Convenor Environment Conservation Network and Jiten Yumnam, Secretary, Centre for Research and Advocacy Manipur have spoken as resource person. Rebati stated that there were many initiatives taken up by the government such as sugar mill, sewage projects, lemon grass plantation, etc. However, it failed to fulfilled its objectives and remained defunct till date after investing crores of amount which could have been invested for the human resource program.

On the other hand Jiten Yumnam also stated that the Oil Palm plantation is a monocrop and will give a

negative impact to environment which has been protected by the indigenous peoples for centuries. He drew the example of the defunct Dolaithabi Barrage which was commissioned before its completion and assured to give benefits to the peoples of Pukhao and the nearby villages in terms of irrigation and others. Till date the assured benefits remained in the paper without fulfilling the wishes of the people.

During the meeting, the participants who are the representatives of the Local Meira Paibi, Youth Cuba and elders of the village expressed dissatisfaction against the government and expressed to stop the Oil Palm Plantation in Manipur.

An emotional tribute for former Japan PM Shinzo Abe by PM Narendra Modi

PIB
New Delhi, July 09:

Shinzo Abe - an outstanding leader of Japan, a towering global statesman, and a great champion of India-Japan friendship - is not among us anymore. Japan and the world have lost a great visionary. And, I have lost a dear friend.

I first met him in 2007, during my visit to Japan as the Chief Minister of Gujarat. Right from that first meeting, our friendship went beyond the trappings of office and the shackles of official protocol.

Our visit to Toji temple in Kyoto, our train journey on the Shinkansen, our visit to the Sabarmati Ashram in Ahmedabad, the Ganga Aarati in Kashi, the elaborate tea ceremony in Tokyo, the list of our memorable interactions is indeed long.

And, I will always cherish the singular honour of having been invited to his family home in Yamanashi prefecture, nestled among the foothills of Mt. Fuji.

Even when he was not the Prime Minister of Japan be-

tween 2007 and 2012, and more recently after 2020, our personal bond remained as strong as ever.

Every meeting with Abe San was intellectually stimulating. He was always full of new ideas and invaluable insights on governance, economy, culture, foreign policy, and various other subjects.

His counsel inspired me in my economic choices for Gujarat. And, his support was instrumental in building Gujarat's vibrant partnership with Japan.

Later on, it was my privilege to work with him to bring about an unprecedented transformation of the strategic partnership between India and Japan. From a largely narrow, bilateral economic relationship, Abe San helped turn it into a broad, comprehensive one, which not only covered every field of national endeavour, but became pivotal for our two countries' and the region's security. For him, this was one of the most consequential relationships for the people of our two countries and the world. He was resolute in pursuing the

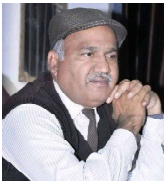
civil nuclear agreement with India - a most difficult one for his country - and decisive in offering the most generous terms for the High Speed Rail in India. As in most important milestones in independent India's journey, he ensured that Japan is there side by side as New India accelerates its growth.

His contribution to India-Japan relations was richly recognised by the conferment upon him of the prestigious Padma Vibhushan in 2021.

Abe San had a deep insight into the complex and multiple transitions taking place in the world, the vision to be ahead of his time to see its impact on politics, society, economy and international relations, the wisdom to know the choices that were to be made, the capacity to make clear and bold decisions even in the face of conventions and the rare ability to carry his people and the world with him. His far-reaching policies - Abenomics - reinvigorated the Japanese economy and re-kindled the spirit of innovation and entrepreneurship of his people.

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Need of Career Planning



By: Vijay GarG

Our career planning decisions and the career path we choose will determine the patterns and texture of our life and career. Nevertheless, after years of research and work were done in career planning, it has been concluded that most students leave high school and college without any clear plan in their mind which guide them in selecting and pursuing a career or occupation.

It has been estimated that when people feel overwhelmed by a job or career, they sometimes become overconfident and often fail to plan adequately for the changes which they need to make

for restoring balance in their lives. Many students face a career problem and also struggle so much to achieve their goals in life. But, students should become more strong and capable for following the path of difficulties which will lead them to their career and for sure alleviate their problems.

Good career planning provides a plan that is marked with intelligence, hard work, focus determination, strong will-power and aim to achieve the best output. It requires the integration of Career Factors which combine to make every individual unique and best – his innate abilities, his skills, his interests, his values, his goals, his family history, his personal style and characteristics, and his position in the Career Development Cycle.

Career planning is a lifelong process which includes first- choosing an occupation, second- getting a job, third- growing in a job, fourth- changing careers, fifth- rotating job and lastly- retiring from a job. For planning our career we have to first define ourselves and our goals in a systematic way. At present, the level of competition is increasing day-by-day due to which students should need to plan their careers actively and valiantly.

And also they should be taught now how to shift from one organization to another now for gaining maximum industry experience. The task and path of career planning are quite laborious, significant, organized, optimistic and well-defined. It requires systematic planning at every step and calculated execution of every plan. The most important step in career planning for students is to collect information about their own-self while deciding about a particular career option in their life. Students should always analyze their interest, skills, abilities, personal traits, thoughts so that they can understand and study the relationship between their career and themselves.

Three Aspects of Career Planning for Students

Career Option in Life: Students should give straight direction towards their career and choose a particular one by involving themselves completely in it and should gain correct information with the help of the decision-making process. You should analyze the career option by keeping in mind about your present educational skills and qualifications.

Action Oriented Plan: Students should make plans in detail and wide range so, that they can become more determined and put all their efforts into it. Whenever you get an opportunity to prove yourself and get a chance to get into your desire career, that time always tries to maintain it.

The setting of Goals: Students should set their goals according to their qualifications, priorities, work experience and expectations in life. Well, you should always remember that a successful professional is really an opportunistic in his/her moves, thoughts by examining every opening to turn easily to his/her way.

Career planning is the most important step that needs to be considered in totality and in a wide range. Students should not feel hesitant to seek the help from professional and find out the best and suitable career planning for yourself. At present, every day different careers, routes and professional opportunities are emerging, so only you have to choose the best and suitable option for yourself. Unique strengths, abilities, interests, aspirations, weaknesses will help you to decide which are the suitable options for you. The process of career planning is vital to your success. The entire process of career planning should be ideally done in a systematic manner with your career counsellor so that you will get professional help at every step of your career. A trained career counsellor can help you identify several professions in which you can be good. It is the sole responsibility of every student to make themselves so capable that nobody should dare to say you that "YOU ARE GOOD FOR NOTHING".

At last the real fact is that we all have talents in ourselves that are hidden in us, so it is important to identify that and then work hard to develop them further. Another equally important aspect of self-assessment is self-analysis or soul-searching. We are the best judge for ourselves. If you concentrate and decide to be honest with yourself the self-analysis can project remarkable results. Students who will work-hard towards their studies, acquire new skills, make efforts will definitely get success and recognition in their life. Every student should identify his/her goals, values, aspirations and ambition. Now-days, as the organizations are becoming more demanding and mature which is obviously counted as a serious problem in our career path. So, students must gain experience as quickly as possible at this stage of their career so that they can move with their peers in same speed of pace. It is truly said that without good career development opportunities, you can't achieve your long term goals in life. Always keep an open eye for every opportunity and be ready to take them as they come to you every time.

Advantages of Career Planning for Students

Decide What you want to Achieve in your Career: Goal setting is time-consuming and also involves more soul-searching, which will help to bring focus on your personal aspirations and goals. It will help you to crystallize what you want to achieve and how you will utilize your all efforts.

Testify your Current Position: Well, it is very much important to understand where are you at present so that you become more realistic in identifying the number of options which are open to you due to which you can use all the available resources which you are having in the best manner. You should have complete knowledge, skills and experience.

Find out your Strength & Research your Options: For, knowing And identifying your career options, it is important to do some basic research on your own. Students should always need to know whether the career which they have chosen is increasing or decreasing in importance. So, that it becomes easy for you to know how well you will be paid in it.

Plan your Career & Approach: Identify the most intermediate steps that you need for utilizing your skills, experience, desires, will-power, thoughts, actions and education. Always try to work out in a systematic manner to know how you will easily position yourself. Therefore, if you need new skills to make the change, then without any doubt you need to begin for acquiring them.

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Deosharan Singh : The pioneer of social revolution



By: Er. Prabhat Kishore

The holy land of Bharatvarsha is more precious and more virtuous than heaven. The credit of India's great pride goes to our revolutionary Mahatmas, Sants, poets, rulers, craftsmen, scholars of science-religion philosophy, workers, farmers and people of various professions, from whom we are inspired today. Among these great personality was Shri Deosharan Singh, former Chairman of the Bihar Legislative Council.

Eminent freedom fighter Deosharan Singh was born on 17th August 1901 in the family of Shri Ramgoolam Mahto in Simra Bilgawan village located in Koilwar of erstwhile Shahabad district (presently Bhojpur district). He did his secondary education at Bihar National Collegiate School, Patna. He then graduated from Bihar National College and studied law from Patna Law College, Patna under Patna University. In his student life, he participated in the non-cooperation movement in 1920. In 1927, he started his practice in Barh Civil Court under Patna district.

In 1931, 1932 and 1942, Deosharan Babu participated in the freedom and Civil Disobedience Movements, during which he was jailed several times. In prison, he was subjected to severe torture by lying his bare body on the ice-blocks, which caused him pain for rest of his life. In Indian politics, such torture has been given to only two politicians, one was Deosharan Babu and the other was Banarasi Das Gupta, the former Chief Minister of Uttar Pradesh, whose voice was changed to that of a woman. He took an active part in the peasant movement since 1936. He was a member of the All India Congress Commit-

tee since 1937 and afterward a member of the Executive Committee of the Bihar Pradesh Congress Committee since 1948. From 1954 to 1957, he was the chairman of the Patna District Congress Committee.

Deosharan Babu was elected a member of the Bihar Legislative Assembly in 1946. He was elected as the Deputy Speaker of the Legislative Assembly and held this post from 24 April 1946 to 31 March 1952. In the election to the Bihar Legislative Assembly in 1951, he was elected on Indian National Congress ticket from the 5-Fatua assembly constituency under Patna district. He got 8481 votes out of total 21698 valid votes and his nearest rival Shri Brijnandan Singh Yadav (Independent) got 7753 votes. In 1952, he was inducted into the state cabinet headed by Dr. Shrikrishna Singh as the Health Minister of the Government of Bihar.

He was elected a member of the Bihar Legislative Council on 14 September 1953. From 1963 to 1965, he was the chairman of the Bihar State Planning and Development Board. Thereafter, from 30 August 1965 to 6 May 1968, he served as the Chairman of the Bihar Legislative Council. He again served as a member of the Bihar Legislative Council from 7 May 1968 to 1974. In 1971, Prime Minister Indira Gandhi requested him to contest from Barh Lok Sabha constituency, but due to his determination to fight for the causes of the backward and oppressed classes in Bihar, he decided to remain active in the state politics. Then his MLA son Dharamvir Singh was provided Congress ticket by Smt. Gandhi from Barh Lok Sabha constituency, who won a landslide victory and became a minister at the Centre.

In the last years of his life, Deosharan Babu was also a victim of the caste and ill-fated politics of the Congress party and was denied ticket keeping him in the dark on the issue of re-candidature to the Legislative Council. Babu Deosharan Singh was well aware of the fact that the caste system is the root of the shackles of slavery in our society and only the democratic process could end it. Embracing his demo-

cratic values, beliefs and realizing the brunt of the caste system, he came to the conclusion that caste system and democracy could not stand side by side. For Deosharan Babu, advocating democracy was part of an attempt to eradicate the caste system. In this context his attention was drawn to the hypocrisy existing in the social structure.

Deosharan Babu used to say, "We may say that untouchability is bad, caste system is bad, social discrimination is bad, but our beliefs have nothing to do with our life and conduct. Our brain is divided into different compartments. On one hand there is customary culture, on the other hand humanistic ideas. On one hand there is the ideal, on the other hand the animalistic tendency of plunder. There is no coherence, no affiliation in any of them. As individuals we are not perfect, but fragmented. Whatever is enshrined in our democratic constitution, neither our hearts nor our minds have a firm foundation for it. We believe in a socialist republic, but in casteism too. The result is that the caste comes first, the republic lags behind. We raise slogans of socialism and want to establish a socialist society. But no one wants to understand that those who have vested interests in the present social or economic system cannot lead a socialist revolution".

Shri Singh always worked for the service of the backward people of the society. As the president of Bihar State Backward Classes Federation, Deosharan Singh raised a strong voice for reservation in jobs for backward classes and led the struggle for it. But Congress did not take it seriously. He did not hesitate in making efforts and struggle even going beyond the party line to protect the rights of the backward and the oppressed masses. It was the result of his social awakening that many backward class leaders from the then Chhotanagpur region entered Bihar Legislative Assembly wearing garlands in the elections.

In Bihar politics, Karpoori Thakur, former CM, has been treated as the icon for backward masses, but in reality it was Deosharan Babu and not Thakur, who launched backward



class movement in Bihar and adjoining states. The path created by his oppressed classes social empowerment, has helped to strengthen the roots of socialist movement under backward leadership. Today backward class leaders in power politics are eating the fruits of the tree of social justice movement planted by Deosharan Babu. Mandal commission in his historical report has saluted Deosharan Babu and his struggle for the cause of backward people.

He had a special interest in the study of excellent books on social and political issues. He felt self-satisfaction in helping poor and meritorious students and had unwavering faith in the establishment of an exploitation-free and caste-less society. When Laloo Prasad became the Chief Minister in 1991, he rechristened the Chhajju Bagh locality of Patna as "Deosharan Nagar" in his honour. But later on no government took pain to glorify his precious works.

Deosharan Babu left his mortal body on 9 July 1975 after a prolonged illness and set out on an eternal journey. The objectives, for which he struggled throughout his life, guide us even today. His life has been inspiring us to fight for our rights. He was a great patriot and a visionary with a strong will like steel. Even today, his ideals and hard work continue to give an exemplary message of successful life to the younger generation.

(The author is a technocrat & academician)

Monsoon Make Up Tips



By: Shahnaz Husain

ing completely barefaced isn't an option either. So, what do you do?

Waterproof make-up products may be more suitable. They contain ingredients like fats, waxes, and silicon, which do not allow the make-up to get wet and become runny.

A powder-based foundation will last longer in the humid weather. Also, using a primer is very essential before applying the makeup, the reason being that it acts as a barrier between your skin and the makeup. This is the most essential step for prepping up your skin and holding the makeup for a longer time.

If you can get hold of a light-textured primer, it would be good for the monsoons. It would help to absorb oil and sweat and thus help the foundation last longer. During the monsoons, a powder or gel primer may be better.

Stay away from heavy foundations. Or, leave out foundation and go for compact powder. Compact powder is pressed powder and lasts longer than loose powder. Also, they reduce the oily look. Compact powders are also ideal for touching up. Carry wet tissues and compact powder in your handbag, to refresh both skin and make-up.

If you want to apply foundation, apply an astringent lotion first, using cotton wool. After a few minutes, wrap an ice cube in a clean cloth and apply it on the skin, for a few seconds at a time. This also helps to close the pores. Or, try cold compress with chilled rose water. It closes the pores, refreshes

the skin, and adds a glow. Go for a water-based foundation, adding a drop or two of water for a lighter coverage.

The trend is towards the natural look, with less blush-on. A faint flush would be suitable. Powder blushers are easier to apply and are best for humid weather. Apply on the cheekbones and slightly below it. You can use your fingertips to dot the area with a blusher. Then, blend with the brush, outwards and slightly upwards, making sure there are no harsh lines or a blotchy effect.

Using waterproof eye makeup basics (liner, Kohl, and mascara) are recommended in rainy weather to save your makeup from dripping away.

First apply a light shadow over the eyelid and a dark one in the crease of the eyes. Light grey on the eyelid would look glamorous. Apply a line of black waterproof eyeliner close to the lashes on the upper lid. Extend the liner outwards and slightly upwards, beyond the outer corner of the eyes. For the lower lid, apply liner as close to the lower lashes as possible, but start from the middle of the lower eyelid and take the line towards the outer eyes. Apply waterproof mascara, in two coats, waiting for a few minutes after applying the first coat.

Use brow gel for your brows to give it the best look. Also, try using brown waterproof mascara for your eyebrows.

Gloss and cream lipstick should not be used as they would bleed in

the humid weather,

For the lips, frosted sheen, or glimmer would be good, instead of too much gloss. Opt for soft mattes, pink shades, or soft browns instead of the bold and bright reds. Go for earthy colors. Keep your lipsticks in the fridge during the monsoons.

Tips to make your make-up last longer.

For oily skin, the use of an astringent lotion before foundation or the powder will help make-up last. After applying astringent lotion, wait for a few minutes, and then apply foundation.

When you apply powder, press the powder all over the face and neck, with a slightly damp sponge. This helps it to set and last longer.

Compact powder, rather than loose powder lasts longer and provides a smooth finish. Carry powder compact to touch up make-up. Blot the make-up with tissue. Liquid eyeliners last longer than eye pencils.

Applying foundation on the lips before helps lipstick last longer.

"Make-up is all about enhancing your features. Since humidity is at its peak, keep it minimal and use a light-weight foundation or powder-based foundation as it lasts longer in humid weather.

It's best when it's neither too much nor too little. The right kind of shades matter. Less is more, that's the beauty of makeup.

(The author is an international fame beauty expert and is called the herbal queen of India)

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NTAGI panel recommends use of Covid vaccines Corbevax, Covaxin for kids aged 5-12 years

Agency
New Delhi, July 09:

The NTAGI's Standing Technical Sub-Committee (STSC) approved the use of COVID-19 vaccines Corbevax and Covaxin for children aged between five and 12 years, official sources said on Friday.

However, there was no decision on introducing these vaccines in the vaccination programme.

Data of Biological E's Corbevax and Bharat Biotech's Covaxin for children aged between five and 12 years were reviewed in the STSC meeting held on June 16 and members decided that the vaccines can be recommended for administering in children.

The members, however, opined that data of Covid burden and mortality among children is not robust enough to



take any decision to begin vaccination of those below 12 years, an official source said. The issue is likely to be

discussed in the next meeting. India's drug regulator in April this year had granted emergency use authorisation

to Corbevax for those aged five to 12 years and Covaxin for children in the age group of six to 12 years.

India records 18,840 Covid cases, 43 deaths in a day; active case count up by 2,693

Agency
New Delhi, July 09:

India's COVID-19 case tally rose by 18,840 in a day to reach 4,36,04,394 while the number of active cases increased to 1,25,028, according to Union Health Ministry data updated on Saturday.

The death toll has climbed to 5,25,386 with 43 more people succumbing to the viral disease, the data updated at 8 am stated.

The active case count increased by 2,693 in a day and now comprises 0.29 per cent of the total infections, while the national COVID-19 recovery rate was recorded at 98.51 per cent, the health ministry said.

The daily positivity rate was 4.14 per cent while the weekly positivity rate was recorded at 4.09 per cent, according to the health ministry.

The number of people who

have recuperated from the disease surged to 4,29,53,980, while the case fatality rate was 1.20 per cent.

According to the ministry, 198.65 crore doses of Covid vaccine have been administered in the country so far.

India's COVID-19 case tally had crossed the 20-lakh mark on August 7, 2020; 30 lakh on August 23; 40 lakh on September 5 and 50 lakh on September 16. It went past 60 lakh on September 28; 70 lakh on October 11; 80 lakh on October 29, and 90 lakh on November 20 and surpassed one crore on December 19.

The country crossed the grim milestone of two crore Covid infections on May 4, three crore on June 23 last year and four crore on January 25 this year.

The 43 new fatalities include 19 from Kerala, seven from Maharashtra, three each

from Delhi and West Bengal, two each from Assam and Uttar Pradesh and one each from Goa, Himachal Pradesh, Karnataka, Nagaland, Punjab, Sikkim and Uttarakhand.

A total of 5,25,386 deaths have been reported so far in the country including 1,47,971 from Maharashtra, 70,108 from Kerala, 40,123 from Karnataka, 38,028 from Tamil Nadu, 26,280 from Delhi, 23,547 from Uttar Pradesh and 21,236 from West Bengal.

The health ministry stressed that more than 70 per cent of the deaths occurred due to comorbidities.

"Our figures are being reconciled with the Indian Council of Medical Research," the ministry said on its website, adding that state-wise distribution of figures is subject to further verification and reconciliation.

Assam flood: Death toll climbs to 190 as 3 more die, 620 villages remain inundated

Agency
Guwahati, July 09:

The flood situation in Assam remained grim on Friday, with nearly nine lakh people in 11 districts of the state reeling under it. As the monsoon fury continued, the death toll surged to 190.

According to the daily flood report of the Assam State Disaster Management Authority (ASDMA), a total of 8,88,177 people are currently affected in Bajali, Cachar, Chirang, Dibrugarh, Hailakandi, Kamrup, Karimganj, Morigaon, Nagaon, Sivasagar and Tamulpur districts.

On the other hand, three people, including a child, were killed in the past 24 hours. While two people drowned in Cachar and Nagaon districts, one person died in a landslide in Hailakandi. With this, the death toll in this year's floods and landslides has gone up to 190 across the state.

As per the ASDMA report, Cachar continues to be the worst-hit district with over 5.63 lakh people affected, followed by Morigaon and Nagaon, where nearly 1.52 lakh and 1.45 lakh people are hit by the deluge, respectively.

As many as 620 villages still

remain under floodwaters and over 14,402 hectares of crop area are inundated, the ASDMA report stated. Authorities are running 173 relief camps in 10 districts, where 75,185 people have taken shelter.

Massive erosions have been reported in Barpeta, Biswanath, Bongaigaon, Darrang, Majuli, Morigaon, Nalbari, Tamulpur, Tinsukia and Udalguri districts, while Hailakandi and Karimganj districts in Southern Assam witnessed a few cases of landslides.

Embankment, roads and other infrastructures have been damaged by flood waters in Karimganj, Dhemajuli, Dibrugarh, Morigaon, Sivasagar, Barpeta, Kamrup and Majuli districts.

Assam Chief Minister Himanta Biswa Sarma has said that there are 30,000 to 60,000 people who are not in a condition to return to homes due to damage caused by the floods. He said he met with Union Home Minister Amit Shah pertaining to Assam floods.

"As of now, assessments are going on, there are 30,000 to 60,000 people who aren't in condition to return to homes. He assured us of all possible help," the chief minister said.

Sarma added that this time, the state received comparatively more rainfall.

Incessant rainfall in Assam caused massive flooding in the state where lakhs of people were affected.

In a daily update, Assam State Disaster Management Authorities (SDMA) said that 620 villages in 14 districts were still affected by the floods.

Nearly 9 lakh people were still facing the impact of water and over 14,000 hectare crop area was under the water. In the past 24 hours, the state recorded three new deaths due to floods.

The time, floods have caused massive damage to roads, bridges, embankments and other infrastructure in Assam. The authorities are currently running 173 relief camps and distribution centres in 14 districts. While people in some areas are returning to their homes, about 75,000 people are still taking shelter in these relief camps. Districts of Baksa, Barpeta, Biswanath, Dibrugarh, Hojai and Kamrup have seen major erosion due to heavy water flow.

When the flood started, over 40 lakh people and over 33 lakh animals were affected across 31 districts.

ED imposes a fine of Rs 51.72 crore on Amnesty India International

By Raju Vernekar
Mumbai, July 09:

The Enforcement Directorate (ED) adjudicated M/s Amnesty India International Pvt. Ltd. (AIIP) and its Chief Operating Officer (CEO) Aakar Patel acted in contravention of the Foreign Exchange Management Act (FEMA) Act 1999 and imposed a penalty of Rs 51.72 crore and Rs 10 crore respectively on them on Friday.

"The Adjudicating Authority of ED has adjudicated an SCN issued to M/s Amnesty India International Pvt. Ltd. (AIIP) and its CEO Shri Aakar Patel for contravention of the provisions of FEMA and imposed penalty of Rs. 51.72 Crore and Rs 10 Crore respectively," the ED tweet said. Reacting to the fine imposed by ED, Patel in a tweet said that they will continue to fight in the court of law to seek justice.

"After getting a detailed reply from AIIP and following the principle of natural justice, the Adjudicating Authority of ED has held that AIIP is an umbrella entity under M/s. Amnesty International Ltd., the UK, was declared to be set up for the cause of social activities in India. However, AIIP has been involved in many activities which are not



Amnesty International's office at Bengaluru. (Inset: AIIP CEO Aakar Patel)

relevant to their declared commercial business," ED said in a statement.

The Amnesty International India Foundation Trust (AIIFT) was granted permission under the Foreign Contribution Regulation Act (FCRA) during 2011-2012 for receiving foreign contributions from Amnesty International, UK. However, based on adverse reports the permission was cancelled. Then Indians for Amnesty International Trust (IAIT) was formed in 2012-2013. After that the AIIP was formed in 2013-2014 to escape the FCRA route and carry out NGO activities in the name of service export.

In December 2018, ED had written a letter to the Union Home Secretary and had also sent an interim report indicating that there was a violation

of the Foreign Contribution (Regulation) Act by the petitioner trust. Subsequently, the home ministry directed the Central Bureau of Investigation (CBI) to conduct further investigation as per law.

On October 25, 2018, the ED conducted a search and seizure at its office, based on a search warrant. The CBI registered an FIR against Amnesty and others, under Sections 11, 35, and 39 of the FCRA in 2019.

In August 2020, ED sent a notice to Avinash Kumar, Executive Director of Amnesty International (India), seeking his appearance. A similar notice was issued to various people associated with the organization. Following the freezing of its bank accounts in September 2020, Amnesty International announced that it was stopping its operations

in India.

The ED issued letters dated October 19, 2020, to various banks to stop debit operations concerning the bank accounts of Amnesty. The banks included: South Indian Bank, IDBI Bank, HDFC Bank, Kotak Mahindra Bank, and Yes Bank (in which Amnesty was maintaining accounts).

However, Amnesty claiming that it was not provided with copies of these letters, moved to the Karnataka High Court, which passed an interim order in November 2020, allowing it to utilize the amount for the payment of salaries, statutory, and other running expenses.

In September 2020, Patel was arrested by Surat (Gujarat) police over tweets on Modi, Ganeshi Caste. He was arrested based on an FIR filed by a BJP leader citing sections including 153A IPC (promoting enmity). Subsequently, he was released on bail.

Patel was stopped in April this year by immigration authorities at Bangalore International airport (Karnataka) before leaving for the US, based on a lookout notice issued by CBI in a FEMA case. The lookout notice was withdrawn when the Delhi court asked CBI to withdraw the notice and also apologize to him.

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Need of Career Planning

Become Independent & Take Action: Students should have a good idea of all the actions which they need to take to progress their career. All the efforts which are involved by the students will determine its values and bring out the quality role for each of them. The best careers come out through a mixture of careful planning and useful opportunities.

All the students take this into consideration that while you are implementing your career plan, always make sure that you do not ignore good and active career opportunities. It is conducted that Plan-

ning your career will help you to avoid stress, monotony atmosphere, boredom, frustration which fails your will-power to achieve your potential. Career planning is the most significant and first step for achieving success in your career. It is the responsibility of the students to use reliable resources which will help them to learn more about their areas of interest. A valuable career self-assessment is only done by them who are really honest and mindful in life. Students should cover their career gaps and shortcomings so

that they can achieve their goals in the best possible manner. Well, the essence of a career plan is knowing and also what you want and always determining how to get it.

Always choose that decisions which will take you to achieve your career goals. In fact your career should be a series of calculated steps which leads you to an end result. These decisions and actions basically include formal education, training, internship, certification and work experience. Some of the cases required a change of job, atti-

tude, work environment or location. You should always consider all these steps properly and choose the best ones that you only believe will definitely work for you. Students should own the process, set their course and stick with it. Don't ever avoid challenges in life because to succeed you always have to face the challenges and vanish away the obstacles to achieve your career goal.

We should always set our priorities first so, that we can move ahead easily towards our career path. The order which we follow is often de-

termined by opportunities and resources which are available to us. It is not enough to plan only, we must follow it also and try to implement our career advancement preferences. For, planning our career it is not only about decision making but also about collecting career information in a wise, intelligent and purposeful manner. Students can also discuss their career goals with their teachers, parents, counsellors, and instructors. They can also visit on different websites and online career guides for their choice of subjects. Every student

should keep this thing in their mind that career planning should be dynamic, and not static. All should be sensitive while doing changes in your career path by being flexible and twister.

The continual study of different and new technologies has become necessary to keep update our computer skills on the current basis. It is our own responsibility to keep on investing ourselves. We should always look out for different ways to grow in our career and skills, through the medium of skill development, by attending career-re-

lated training in MNC's, by taking online courses etc. Career planning is all about taking your destiny in your hands.

It is very truly said that nobody can succeed with career planning if they approach their life in an unplanned, useless, careless manner and by just hoping for the best to be done. Always try to approach your career planning with full sincerity, honesty, and wisdom. Well, career planning is neither difficult, boring nor much time to consume, it is just you simply need to be focused and active.

Amarnath cloudburst: Toll rises to 16; yatra temporarily suspended



Agency
Srinagar, July 09:

At least 16 people have died in the flash flood triggered by a cloudburst in Jammu and Kashmir's Ganderbal district, news agency ANI reported Saturday. The victims were camping near the Amarnath cave shrine, when the cloudburst occurred around 6 pm Friday. The flash flood washed away a part of the camp.

A Border Security Force (BSF) spokesperson in Delhi said that the 16 bodies have been shifted to Baltal.

Rescue operations are underway. IGP Kashmir, and Divisional Commissioner of Kashmir reached Amarnath holy cave early Saturday to supervise the rescue operations. A Mi-17 chopper of the BSF's air wing has been pressed into service apart from similar assets of the Army.

At least 15,000 pilgrims, who were stranded near the Amarnath holy cave, have been shifted to the lower base camp of Panjtarni, and

"no yatri is left on the track", an Indo-Tibetan Border Police (ITBP) spokesperson was quoted by news agency PTI as saying.

The Amarnath yatra remains temporarily suspended.

Meanwhile, Vivek Kumar Pandey, PRO of the ITBP, told ANI that around 30-40 people are still missing.

"Air rescue operations began this morning as six pilgrims were evacuated. The military medical teams are receiving patients and casualties at the Nilggar helipad for onward evacuation," an official said on Saturday, according to PTI. An Army official said mountain rescue teams and lookout patrols were on the job to search for missing people.

A BSF spokesperson said doctors and medical staff of the paramilitary force treated nine patients who were critically injured in the floods. "They have been rescued to lower altitude Neelgrath base camp," he said.

A small BSF team is also deployed at the Neelgrath helipad to assist the pilgrims coming from the holy cave, according to PTI. About 150 yatri stayed at the BSF camp created in Panjtarni on Friday night and 15 patients have been airlifted to Baltal on Saturday morning, the BSF spokesperson said.

Officials estimated that at least 25 tents were hit on Friday. Apart from the tents, three community kitchens where pilgrims were being served food were also hit, according to PTI.

Divisional Commissioner (Kashmir) K Pandurang Pole told The Indian Express that communication and electricity supplies at the camps are functional. "The camp accommodates approximately 3,000 people. The incident took place around 6 pm when the majority of pilgrims were either on the trek or proceeding for dinner," he said.

IGP (Kashmir) Vijay Kumar said rescue operations were being conducted by J&K Police, NDRF and security forces.

Prime Minister Narendra

Modi expressed anguish at the loss of lives and said "all possible assistance is being provided" to the affected. Modi said he spoke to J&K L-G Manoj Sinha "and took stock of the situation". "Rescue and relief operations are underway," he posted on Twitter.

Sinha said rescue teams have been rushed to the spot, and instructions have been issued to provide "all necessary assistance to the pilgrims". He said PM Modi and Union Home Minister Amit Shah have "assured all the help".

The 43-day Amarnath Yatra is being held after a gap of three years. In 2019, the pilgrimage was cancelled midway ahead of the Centre abrogating Article 370 provisions of the Constitution. The pilgrimage did not take place in 2020 and 2021 due to the Covid pandemic.

Phundrei Battalion of Assam Rifles organised Azadi Ka Amrit Mahotsav

IT News
Imphal, July 09:

Phundrei Battalion of Assam Rifles under the aegis of IGAR(South) organised 'AzadikaAmritMahotsav' in view of upcoming Independence Day at villPangaltabi, Chandel district, Manipur.

A total of 40 villagers at-

tended the event. As part of the event, locals and children were educated about the National Flag and the national anthem. They were also acquainted with the rules and regulations with respect to display of flag and it's importance and various things to be kept in mind while using it. The event focused on instilling

feeling of patriotism and a sense of belonging to the nation.

This initiative by the Assam Rifles has helped the locals in ascertaining the various Do's and Donts' while using the National Flag and has made them better aware about their responsibility as a citizen of the Nation.

AR conducted interaction with women's society, youth club and village development committee

IT News
Imphal, July 09:

Mantripukhri Battalion Assam Rifles under the aegis of IGAR (South) conducted interaction with Shanau Long, Women's Society, Youth Club and Village Development Committee at Village Simol,

Kangangpokpi district today.

The aim of the meeting was to strengthen bonds with the local people and maintain peace in the area. The interaction focused on measures to empower women, motivate the youths and provided a platform for discussion of various issues faced by the people of Simol

village. Total 40 members of Shanau Long, Women's Society, Youth Club and Village Development Committee participated in the meeting.

The people appreciated the efforts and cordial relations of Assam Rifles in maintaining a peaceful environment in the area.

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An emotional tribute for former Japan PM....

Among his greatest gifts to us and his most enduring legacy, and one for which the world will always be indebted, is his foresight in recognising the changing tides and gathering storm of our time and his leadership in responding to it. Long before others, he, in his seminal speech to the Indian Parliament in 2007, laid the ground for the emergence of the Indo Pacific region as a contemporary political, strategic and economic reality - a region that will also shape the world in this century.

And, he led from the front in building a framework and architecture for its stable and secure, peaceful and prosper-

ous future, based on values that he deeply cherished - respect for sovereignty and territorial integrity, adherence to international law and rules, peaceful conduct of international relations in a spirit of equality and shared prosperity through deeper economic engagement.

The Quad, the ASEAN-led forums, the Indo Pacific Oceans Initiative, the India-Japan Development Cooperation in the Indo-Pacific, including Africa and the Coalition for Disaster Resilient Infrastructure all benefited from his contributions. Quietly and without fanfare, and overcoming hesitation at home and scepticism

abroad, he transformed Japan's strategic engagement, including in defence, connectivity, infrastructure and sustainability, across the Indo Pacific region. For that, the region is more optimistic about its destiny and the world more confident about its future.

During my Japan visit in May this year, I had the opportunity to meet Abe San, who had just taken over as the Chair of the Japan-India Association. He was his usual self - energetic, captivating, charismatic and very witty. He had innovative ideas on how to further strengthen the India-Japan friendship. When I said goodbye to him that day, little

did I imagine that it would be our final meeting.

I will always be indebted for his warmth and wisdom, grace and generosity, friendship and guidance, and I will miss him dearly.

We in India mourn his passing as one of our own, just as he embraced us with an open heart. He died doing what he loved the most - inspiring his people. His life may have been cut short tragically, but his legacy will endure forever.

I extend heart-felt condolences on behalf of the people of India and on my own behalf to the people of Japan, especially to Mrs. Akie Abe and his family. Om Shanti.

Sports

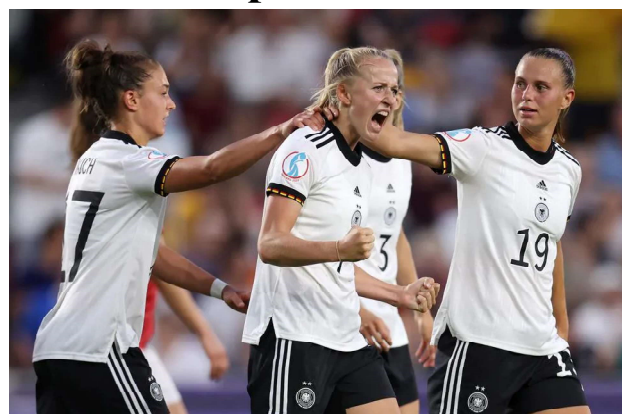
4-goal wins for Germany, Spain women in Euros openers

Agency
New York, July 09:

Germany and Spain enjoyed four-goal wins in their opening matches at the Women's European Championship on Friday ahead of their group clash. Lina Magull, Lea Schüller, Lena Lattwein and Alexandra Popp scored as Germany routed Denmark 4-0 in Brentford in west London at the start of its bid for a record-extending ninth European title. Bidding for a first major women's title without injured world player of the year Alicia Putellas, Spain recovered from conceding after 49 seconds to beat Finland 4-1 in Milton Keynes.

After the defensive lapse that allowed Linda Sällström to score the opener, Spain captain Irene Paredes headed in Mariona Caldentey's corner in the 26th minute. Another header put Spain in front in the 41st after Aitana Bonmati connected with a cross from Mapi León, who also set up Lucia Garcia to nod in the third in the 75th.

Further gloss was put on the Spanish win in the fifth minute of stoppage time when Caldentey netted a penalty after Marta Cardona was fouled by Elli Pikkujämsä. "It was a difficult match at the start and



we came back and that's a positive," Bonmati said.

Magull pounced on a poor clearance before firing in the opener in the 21st but it took until Schüller's header in the 57th to extend the lead. Lattwein netted the third in the 78th with a low finish, and Popp met Sydney Lohmann's cross with a diving header in the 86th. Denmark's Kathrine Møller Kuhl was sent off in stoppage time after a foul on Popp earned a second booking.

"We were at it right away and created plenty of scoring chances that we didn't really take advantage of in the first half," Germany coach Martina Voss-Tecklenburg said.

"We were incredibly dominant and aggressive. It was a great team effort." Germany and Spain meet in Group B on Tuesday in Brentford.

Group C begins on Saturday with the Netherlands opening its title defense against Sweden in Sheffield and Portugal playing Switzerland in

Leigh near Manchester.

Switzerland manager Nils Nielsen has been critical of the field at its training base and the team had to move locations.

"I saw the pitch the day before we had to train," he said. "It wasn't up to standard and it wasn't the fault of the people there, that were trying to prepare. "The circumstances were we couldn't train there which was a bit annoying. We found a very good solution working with UEFA."

Wimbledon 2022: Novak Djokovic reaches record 32nd Grand Slam final, sets up Nick Kyrgios clash

Agency
London, July 09:

Novak Djokovic recovered from a shaky start to beat Cameron Norrie in four sets at Wimbledon on Friday and reach a record 32nd Grand Slam final, where he will play Nick Kyrgios.

The Serbian top seed was broken three times in the first set but turned the tables dramatically on his British opponent to win 2-6, 6-3, 6-2, 6-4 in the Centre Court sunshine to reach his eighth final at the All England Club.

The six-time Wimbledon champion's new mark of 32 finals at the majors is a record for men's tennis.

It puts him one ahead of Roger Federer and two clear of Rafael Nadal, who pulled out of the tournament injured on Thursday.

"He was the better player in the first set," said Djokovic. "Semis of a Slam, I played them a lot, but there is always pressure, from yourself and from the outside."

Djokovic and Norrie both



dropped serve at the first time of asking, with the crowd offering vocal backing to the ninth seed.

But while Norrie quickly found his rhythm, Djokovic — apart from a stunning "tweener" lob — was strangely off-key, losing his serve twice more in the set, which Norrie sealed with an ace.

The Serb landed just 55 percent of his first serves and made 12 unforced errors against his left-handed opponent in the opening set.

Djokovic looked more composed at the start of the second set, finding more rhythm on his serve and cutting out the errors.

A single break for the 35-year-old in the eighth game changed the complexion of the match, putting him 5-3 up.

That was part of a run of eight games out of nine for the 35-year-old, who took the second set and then rocketed into a 5-1 lead in the third, giving Norrie a mountain to climb.

Djokovic again broke early in the fourth set and did not concede a single break point as he cantered to victory.

Djokovic is now on a 27-match winning streak at Wimbledon as he seeks to draw level with Pete Sampras on seven titles at the All England Club — just one behind Federer's men's record.